



A-SQUAD Selection Policy

ELIGIBILITY

To be eligible for selection athletes must be a current registered member of Queensland Athletics or Athletics North Queensland.

CRITERIA

Achieve the qualifying standard at a QA or ANQ Permit/Carnival meet or higher.

Any athlete that achieves the entry standard is automatically qualified. Entry standards and associated details can be found in the attached document or at www.qldathletics.org.au

Achieve Entry Standard

Athletes who achieve the entry standard for any event during the period 1 July 2016 – 30 June 2017 automatically qualify for the A-SQUAD in that event (see attached entry standards). Athletes must achieve the standard for their age group at the time of competition during the qualifying period, and must ensure the performance is legal, and recorded at a QA/ANQ Gold or Silver Permit meet or higher, with the correct implement or hurdle height where relevant. Hand times will not be accepted.

The squad list will be updated fortnightly from the beginning of the qualifying period until the end of the qualifying period with the squad finalised on the 1st July 2017.

NOTES

Age is calculated as at 31 December 2017. **Age groups** are outlined below accordingly.

- **Under 16** - athletes must not have their sixteenth birthday on or before 31 December 2017 (must be born in 2002 or 2003)
- **Under 18** - athletes must not have their eighteenth birthday on or before 31 December 2017 (must be born in 2000 or 2001¹)
- **Under 20** - athletes must not have their twentieth birthday on or before 31 December 2016 (must be born in 1998 or 1999¹)
- **OPEN** – athletes must be born 1997¹ or earlier

¹ In the instance of an athlete changing age groups at 31 December 2016, QA will accept a performance/s achieved in the lower age group on or before 31 December 2016 e.g. if an athlete were born in 2001 and achieved the Under 16 A-Squad standard/s on or before 31 December 2016 their performance/s will be accepted.



A-SQUAD Entry Standards;



Men (U/16-20)

| EVENT | Men U/20 | Men U/18 | Men U/16 |
|---------------------|-----------------|-----------------|-----------------|
| 100m | 10.70 | 10.86 | 11.45 |
| 200m | 21.57 | 21.80 | 22.80 |
| 400m | 47.81 | 48.66 | 51.71 |
| 800m | 1.51.23 | 1.52.77 | 2.00.56 |
| 1,500m | 3.51.03 | 4.03.80 | 4.13.39 |
| 3,000m | - | 8.38.80 | 9.12.63 |
| 5,000m | 14.52.76 | - | - |
| 2,000m Steeple | - | 6.09.61 | 6.36.49 |
| 3,000m Steeple | 9.43.28 | - | - |
| 3,000m Walk | - | - | 15.49.83 |
| 5,000m Walk | - | 27.23.50 | - |
| 10,000m Walk | 48.20.8 | - | - |
| 100m Hurdles (84cm) | - | - | 13.89 |
| 110m Hurdles (91cm) | - | 14.39 | - |
| 110m Hurdles (99cm) | 14.62 | - | - |
| 200m Hurdles (76cm) | - | - | 29.22 |
| 400m Hurdles (91cm) | 55.60 | - | - |
| 400m Hurdles (84cm) | - | 55.08 | - |
| High Jump | 2.07 | 2.03 | 1.83 |
| Long Jump | 7.19 | 6.95 | 6.27 |
| Triple Jump | 14.37 | 14.02 | 12.91 |
| Pole Vault | 4.56 | 4.07 | 2.99 |
| Shot Put (6kg) | 15.43 | - | - |
| Shot Put (5kg) | - | 16.60 | - |
| Shot Put (4kg) | - | - | 15.00 |
| Discus (1.75kg) | 50.13 | - | - |
| Discus (1.5kg) | - | 51.36 | - |
| Discus (1kg) | - | - | 52.40 |
| Javelin (800g) | 60.41 | - | - |
| Javelin (700g) | - | 62.25 | 52.00 |
| Hammer (6kg) | 52.33 | - | - |
| Hammer (5kg) | - | 53.81 | - |
| Hammer (4kg) | - | - | 42.48 |
| Decathlon | 5314 | 5417 | - |
| Heptathlon | - | - | 3707 |



A-SQUAD Entry Standards;

Women (U/16-20)

| EVENT | U20 | U18 | U16 |
|---------------------|------------|------------|------------|
| 100m | 11.97 | 12.07 | 12.45 |
| 200m | 24.48 | 24.59 | 25.24 |
| 400m | 55.43 | 56.18 | 58.85 |
| 800m | 2.09.76 | 2.10.88 | 2.15.26 |
| 1,500m | 4.26.18 | 4.29.36 | 4.42.66 |
| 3,000m | - | 10.14.12 | 10.21.07 |
| 5,000m | 17.31.95 | - | - |
| 2,000m Steeple | - | 7.21.87 | 7.46.36 |
| 3,000m Steeple | 11.22.75 | - | - |
| 3,000m Walk | - | - | 16.28.36 |
| 5,000m Walk | - | 29.51.51 | - |
| 10,000m Walk | 53.39.90 | - | - |
| 90m Hurdles (76cm) | - | - | 13.60 |
| 100m Hurdles (76cm) | - | 14.43 | - |
| 100m Hurdles (84cm) | 14.57 | - | - |
| 200m Hurdles (76cm) | - | - | 30.43 |
| 400m Hurdles (76cm) | 62.66 | 63.92 | - |
| High Jump | 1.77 | 1.73 | 1.66 |
| Long Jump | 5.80 | 5.69 | 5.50 |
| Triple Jump | 12.24 | 11.86 | 11.20 |
| Pole Vault | 3.55 | 3.40 | 2.70 |
| Shot Put (4kg) | 12.71 | - | - |
| Shot Put (3kg) | - | 13.63 | 12.50 |
| Discus (1kg) | 44.62 | 42.80 | 39.00 |
| Javelin (600g) | 42.15 | - | - |
| Javelin (500g) | - | 43.71 | 40.00 |
| Hammer (4kg) | 46.06 | - | - |
| Hammer (3kg) | - | 47.27 | 40.00 |
| Heptathlon | 3797 | 4274 | 3736 |



A-SQUAD Entry Standards;

Men & Women Open

| EVENT | OPEN MEN |
|----------------|-----------------|
| 100m | 10.42 |
| 200m | 21.05 |
| 400m | 46.37 |
| 800m | 1.47.16 |
| 1,500m | 3.40.33 |
| 5,000m | 13.41.87 |
| 10,000m | 29.19.09 |
| Marathon | 2:21.58.00 |
| 110m Hurdles | 14.59 |
| 400m Hurdles | 52.56 |
| 3,000m Steeple | 9.07.38 |
| 20K Walk | 1:30.07.00 |
| 50K Walk | 5:12.50.00 |
| High Jump | 2.12 |
| Long Jump | 7.63 |
| Triple Jump | 15.21 |
| Pole Vault | 5.01 |
| Shot Put | 16.24 |
| Discus | 53.41 |
| Javelin | 70.91 |
| Hammer | 57.31 |
| Decathlon | 6681 |

| EVENT | OPEN WOMEN |
|----------------|-------------------|
| 100m | 11.71 |
| 200m | 23.92 |
| 400m | 53.86 |
| 800m | 2.04.62 |
| 1,500m | 4.15.82 |
| 5,000m | 16.15.23 |
| 10,000m | 35.25.18 |
| Marathon | 2:46.30.00 |
| 100m Hurdles | 13.89 |
| 400m Hurdles | 60.63 |
| 3,000m Steeple | 10.34.11 |
| 20K Walk | 1:41.23.00 |
| High Jump | 1.80 |
| Long Jump | 6.16 |
| Triple Jump | 12.69 |
| Pole Vault | 3.97 |
| Shot Put | 13.66 |
| Discus | 50.08 |
| Javelin | 46.30 |
| Hammer | 54.17 |
| Heptathlon | 4935 |

NOTE – The Open Male and Female age groups consist of the events run at the IAAF World Championships and Olympics.