



## A-SQUAD Selection Policy

### ELIGIBILITY

1. To be eligible for selection athletes must be a current registered member of Queensland Athletics or Athletics North Queensland.
2. Athletes must belong to one of the following age categories:
  - **Under 15/16** - athletes must not have their sixteenth birthday on or before 31 December 2018 (must be born in 2004 or 2005)
  - **Under 17/18** - athletes must not have their eighteenth birthday on or before 31 December 2018 (must be born in 2002 or 2003<sup>1</sup>)
  - **Under 20** - athletes must not have their twentieth birthday on or before 31 December 2018 (must be born in 2000 or 2001<sup>1</sup>)
  - **OPEN** – athletes must be born 1999<sup>1</sup> or earlier

\*Age is calculated as at 31 December 2018.

### CRITERIA

Athletes who finish in the Top Eight in an eligible event, in the U15/16/17/18/20 or Open age categories, at any of the following Australian National Championships will automatically qualify for the A Squad.

1. Australian Cross Country Championships
2. Australian All Schools Championships
3. Australian Junior Combined Events Championships
4. Australian Track & Field Championships
5. Other relevant Open National Titles (eg. Zatopek 10,000m, 20km Race Walking Championships)

### A-SQUAD Selection Policy – Para-Athletics

#### CRITERIA

Athletes who medal at either the 2018 Australian Cross Country Championships, Australian All Schools Championships or the 2019 Australian Athletics Championships will be added to the A Squad for that particular event in their age group.





**A-SQUAD Eligible Events;**

**Men (U/16-20)**

<b>EVENT</b>	<b>Men U/20</b>	<b>Men U/18</b>	<b>Men U/16</b>
100m	✓	✓	✓
200m	✓	✓	✓
400m	✓	✓	✓
800m	✓	✓	✓
1,500m	✓	✓	✓
3,000m	-	✓	✓
5,000m	✓	-	-
2,000m Steeple	-	✓	✓
3,000m Steeple	✓	-	-
3,000m Walk	-	-	✓
5,000m Walk	-	✓	-
10,000m Walk	✓	-	-
100m Hurdles (84cm)	-	-	✓
110m Hurdles (91cm)	-	✓	-
110m Hurdles (99cm)	✓	-	-
200m Hurdles (76cm)	-	-	✓
400m Hurdles (91cm)	✓	-	-
400m Hurdles (84cm)	-	✓	-
High Jump	✓	✓	✓
Long Jump	✓	✓	✓
Triple Jump	✓	✓	✓
Pole Vault	✓	✓	✓
Shot Put (6kg)	✓	-	-
Shot Put (5kg)	-	✓	-
Shot Put (4kg)	-	-	✓
Discus (1.75kg)	✓	-	-
Discus (1.5kg)	-	✓	-
Discus (1kg)	-	-	✓
Javelin (800g)	✓	-	-
Javelin (700g)	-	✓	✓
Hammer (6kg)	✓	-	-
Hammer (5kg)	-	✓	-
Hammer (4kg)	-	-	✓
Decathlon	✓	✓	-
Heptathlon	-	-	✓
Cross Country	✓	✓	✓

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**A-SQUAD Eligible Events;**

**Women (U/16-20)**

<b>EVENT</b>	<b>U20</b>	<b>U18</b>	<b>U16</b>
100m	✓	✓	✓
200m	✓	✓	✓
400m	✓	✓	✓
800m	✓	✓	✓
1,500m	✓	✓	✓
3,000m	-	✓	✓
5,000m	✓	-	-
2,000m Steeple	-	✓	✓
3,000m Steeple	✓	-	-
3,000m Walk	-	-	✓
5,000m Walk	-	✓	-
10,000m Walk	✓	-	-
90m Hurdles (76cm)	-	-	✓
100m Hurdles (76cm)	-	✓	-
100m Hurdles (84cm)	✓	-	-
200m Hurdles (76cm)	-	-	✓
400m Hurdles (76cm)	✓	✓	-
High Jump	✓	✓	✓
Long Jump	✓	✓	✓
Triple Jump	✓	✓	✓
Pole Vault	✓	✓	✓
Shot Put (4kg)	✓	-	-
Shot Put (3kg)	-	✓	✓
Discus (1kg)	✓	✓	✓
Javelin (600g)	✓	-	-
Javelin (500g)	-	✓	✓
Hammer (4kg)	✓	-	-
Hammer (3kg)	-	✓	✓
Heptathlon	✓	✓	✓
Cross Country	✓	✓	✓

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**A-SQUAD Eligible Events;**

**Men & Women Open**

<u>EVENT</u>	<u>OPEN MEN</u>
100m	✓
200m	✓
400m	✓
800m	✓
1,500m	✓
5,000m	✓
10,000m	✓
Marathon	✓
110m Hurdles	✓
400m Hurdles	✓
3,000m Steeple	✓
20K Walk	✓
50K Walk	✓
High Jump	✓
Long Jump	✓
Triple Jump	✓
Pole Vault	✓
Shot Put	✓
Discus	✓
Javelin	✓
Hammer	✓
Decathlon	✓
Cross Country	✓

<u>EVENT</u>	<u>OPEN WOMEN</u>
100m	✓
200m	✓
400m	✓
800m	✓
1,500m	✓
5,000m	✓
10,000m	✓
Marathon	✓
100m Hurdles	✓
400m Hurdles	✓
3,000m Steeple	✓
20K Walk	✓
High Jump	✓
Long Jump	✓
Triple Jump	✓
Pole Vault	✓
Shot Put	✓
Discus	✓
Javelin	✓
Hammer	✓
Heptathlon	✓
Cross Country	✓

**NOTE** – The Open Male and Female age groups consist of the events run at the IAAF World Championships and Olympics.