

SELECTION POLICY

2019 Australian Cross Country Championships

24th of August 2019
Kembla Joggers Cross Country Park, Wollongong, NSW.



The 2019 Australian Cross Country Championships will be held at Kembla Joggers Cross Country Park, Wollongong, NSW on the 24th of August 2019.

Queensland Athletics will be selecting athletes to represent the state in the Queensland Team in the **Under 14, Under 16, Under 18, Under 20** and **Open** age groups.

Multi-Class athletes (athletes with a disability) will also be selected in the Under 14, Under 16 and Under 20 age groups.

SELECTION EVENTS

In 2019 the selections for the Queensland Athletics Cross Country Team, will come from performances at the following Championships:

- ✓ **37TH QA ALL SCHOOLS CROSS COUNTRY CHAMPIONSHIPS:** U14, U16, U18 & Multi-Class (U14 / U16) only. Saturday 4th May, Rivermount College, Yatala
- ✓ **QUEENSLAND CROSS COUNTRY CHAMPIONSHIPS:** All Age Groups U14-Open & Multi-Class Sunday 28th of July, Maleny Golf Club, Maleny

Athletes seeking selection in the team must compete at a minimum of one of these Championships and meet the following eligibility criteria.

SELECTION

As per the agreement with governing bodies Athletics Australia and Australian School Sport, Queensland Athletics will select 10 male and 10 female athletes in each of the following age groups: Under 14, Under 16 and Under 18. There is no restriction on total numbers in the U20 and Open age groups. Multi-class athletes (athletes with a disability) will also be selected in the Under 14, Under 16 and Under 20 age groups.

1. Athletes in the **13yrs** who meet all eligibility criteria and place **1st, 2nd and 3rd** at the **QA ALL SCHOOLS CROSS COUNTRY CHAMPIONSHIPS (5th of May, Rivermount)** pending nomination will be automatically selected.
2. Athletes who meet all eligibility criteria and who **place 1st or 2nd** at the **QA ALL SCHOOLS CROSS COUNTRY CHAMPIONSHIPS (5th May, Rivermount)** in the 15yrs & 17yrs age groups and athletes who place **1st** in the **14yrs and 16yrs** will be **automatic selections (pending athlete nominating)** in the Queensland Team. * See note 1

3. Athletes who meet all eligibility criteria and who **place in the top 7** at the **QUEENSLAND CROSS COUNTRY CHAMPIONSHIPS** (28th of July, Maleny) in the U14, U16 and U18 age groups will be **automatic selections (pending athlete nominating)** in the Queensland Team. * See note 1
4. **Non-automatic selections** in the U14, U16 and U18 age groups will be based on performances from the QA All Schools Cross Country Championships and/or the Queensland Cross Country Championships to fill the team to a total of 10 male and 10 female athletes in each age group.
5. Official Representative athletes in the **Open and Under 20** age group will be selected by the Queensland Athletics Selection Panel from Queensland Cross Country Championships (28th of July). *See note 2
6. **Multi-Class athletes (U14, U16, U20)** who meet all eligibility criteria will be selected from performances from the QA All Schools Cross Country Championships (4th May, Rivermount) and the Queensland Cross Country Championships (28th of July, Maleny). **Multi-Class athletes must also achieve the qualifying standard for their classification.** * See page 3.
 - **Multi-Class Automatic Selections:**
 - 1st place** at the **QA All Schools Cross Country Championships** in the 13yrs, 14-15yrs and 16-19yrs age groups 3000m para race (1 male and 1 female in each combined age group).
 - 1st place** at the **Queensland Cross Country Championships** in the U14, U16 and U20 age groups 3000m para race (1 male and 1 female in each combined age group).
 - **Para Non-automatic selections** in the U14, U16 and U20 age groups will be based on performances from the QA All Schools Cross Country Championships and/or the Queensland Cross Country Championships to fill the team to a total of 3 male and 3 female athletes in each age group.

ELIGIBILITY CRITERIA

To be eligible for selection athletes must:

1. Be a current member of Queensland Athletics (QA) or Athletics North Queensland (ANQ) through one of their respective clubs. Note – Unregistered athletes, or athletes not registered with a club may be selected in the team but must register as a club member before their selection is confirmed.
2. Be a minimum age of 12 years old as at 31 December 2019.
3. Multi-Class athletes must have at least a provisional classification for their impairment type and must have obtained the qualifying standard for their classification. * See page 3.

NOTES

1. Queensland Athletics and Queensland School Sport have a good working relationship and understand that athletes may place and hence be selected in both the Queensland School Sport and Queensland teams. Where an athlete selected in the Queensland Athletics team chooses to travel with the Queensland School Sport team, the next placed athlete from the QA All Schools Cross Country Championships or Queensland Cross Country Championships will be selected to fill the position.
2. In the Under 20 and Open age groups, Queensland Athletics is permitted to select more than six athletes as outlined in the rules for the Australian Cross Country Championships. In these age groups only, six "Official Representatives" (OR) will be selected as the main team. Additional

athletes may have their nomination accepted (provided all eligibility criteria is met) and compete at the Australian Championships as Additional Competitors (AC).

3. Queensland Athletics reserves the right to amend this Selection Criteria in circumstances where the rules governing the event are amended by the event organisers (Athletics Australia) or further information comes to hand. Any such amendments or further information will be added to the Queensland Athletics website (www.qldathletics.org.au) as soon as it becomes available.
4. Age is calculated as at 31 December 2018. **Age groups** are outlined below accordingly.
 - **Under 14** - athletes must not have their fourteenth birthday on or before 31 December 2019 (must be born in 2005 or later)
 - **Under 16** - athletes must not have their sixteenth birthday on or before 31 December 2019
 - **Under 18** - athletes must not have their eighteenth birthday on or before 31 December 2019
 - **Under 20** - athletes must not have their twentieth birthday on or before 31st December 2019
 - **Open** – athletes may be of any age however will need to provide justification they are able to compete in this age group

NOTE: Athletes must turn 12 (attending either Primary or Secondary School) in the year of competition in order to compete in these Championships.

PARA QUALIFYING STANDARDS

CLASS	GIRLS 3000M			BOYS 3000M		
	13 YEARS	14-15 YEARS	16-19 YEARS	13 YEARS	14-15 YEARS	16-19 YEARS
T01	17:54.3	17:22.7	16:51.1	17:40.0	17:11.4	16:42.7
T11	24:21.7	23:38.7	22:55.7	21:27.7	20:52.9	20:18.1
T12	21:09.9	20:32.5	19:55.2	16:17.0	15:50.6	15:24.2
T13	19:02.1	18:28.5	17:54.9	16:46.8	16:19.6	15:52.4
T20	17:50.8	17:19.3	16:47.8	16:25.4	15:58.8	15:32.1
T35 - 36	24:48.7	24:04.9	23:21.1	21:50.8	21:15.4	20:39.9
T37	22:20.2	21:40.8	21:01.4	17:41.9	17:13.2	16:44.5
T38	21:47.0	21:08.6	20:30.1	16:41.4	16:14.4	15:47.3
T44	25:10.5	24:26.1	23:41.7	25:39.3	24:57.7	24:16.1
T45 - 46	21:11.2	20:33.8	19:56.4	15:47.1	15:21.5	14:55.9
T40 - T41	40:00.0	38:49.9	37:38.8	40:29.8	39:24.2	38:18.5

HOW TO NOMINATE

Complete the online nomination form available on the Queensland Athletics website. Nominations must be received by Queensland Athletics **no later than Sunday 10th August** (after the Queensland Cross Country Championships on the 4th August). This will enable selections to be made on the Monday so that athletes and parents can begin booking flights, etc as soon as possible.

All confirmation will be communicated via email and the Queensland Athletics website – www.qldathletics.org.au

***Selection Policy subject to change dependant on confirmation of final entry numbers from Athletics Australia.**