



## 2016/17 Queensland State Championship Qualifying Performances

Male	Open	U20	U18	U17	U16	U15	U14
<b>100m</b>	12.90	12.90	13.90	13.90	14.75	14.75	15.50
<b>200m</b>	26.00	28.00	28.25	28.25	29.00	29.00	32.00
<b>400m</b>	59.00	59.00	1.00.00	1.00.00	1.03.00	1.05.00	1.10.00
<b>800m</b>	2.20.00	2.20.00	2.30.00	2.30.00	2.45.00	2.45.00	3.00.00
<b>1500m</b>	4.50.00	5.00.00	5.10.00	5.20.00	5.20.00	5.20.00	5.40.00
<b>3000m</b>			11.30.00	11.30.00	11.50.00	11.50.00	
<b>5000m</b>	19.00.00	19.00.00					
<b>10000m</b>	42.00.00						
<b>90m Hurdles</b>							20.00
HEIGHT							76.2cm
<b>100m Hurdles</b>					19.00	19.00	
HEIGHT					84cm	84cm	
<b>110m Hurdles</b>	17.50	19.00	20.50	20.50			
HEIGHT	106.7cm	99.1cm	91.4cm	91.4cm			
<b>200m Hurdles</b>					35.00	35.00	
HEIGHT					76.2cm	76.2cm	
<b>400m Hurdles</b>	1.07.00	1.07.00	1.10.00	1.10.00			
HEIGHT	91.4cm	91.4cm	84cm	84cm			
<b>2k Steeplechase</b>			8.30.00	8.30.00	9.00.00	9.00.00	
HEIGHT			91.4cm	91.4cm	76.2cm	76.2cm	
<b>3k Steeplechase</b>	11.00.00	12.00.00					
HEIGHT	91.4cm	91.4cm					
<b>3k Walk</b>					19.00.00	19.30.00	20.00.00
<b>5k Walk</b>	30.00.00		30.30.00	31.30.00			
<b>10k Walk</b>	1.00.00.00	1.02.00.00					
<b>Long Jump</b>	5.00	4.80	4.50	4.50	4.30	4.30	3.70
<b>High Jump</b>	1.60	1.55	1.50	1.50	1.40	1.40	1.30
Starting Height	1.45	1.40	1.35	1.35	1.25	1.25	1.15
<b>Pole Vault</b>	3.20	3.00	2.80	2.80	2.25	2.10	1.90
Starting Height	2.80	2.60	2.40	2.40	1.85	1.70	1.60
<b>Triple Jump</b>	10.50	10.00	9.80	9.80	9.50	9.50	8.00
<b>Discus Throw</b>	20.00	22.00	24.00	24.00	24.00	24.00	18.00
WEIGHT	2kg	1.75kg	1.5kg	1.5kg	1kg	1kg	1kg
<b>Hammer Throw</b>	35.00	30.00	27.50	27.50	25.00	25.00	22.50
WEIGHT	7.26kg	6kg	5kg	5kg	4kg	4kg	3kg
<b>Javelin Throw</b>	35.00	27.00	27.00	27.00	25.00	25.00	18.00
WEIGHT	800g	800g	700g	700g	700g	700g	600g
<b>Shot Put</b>	8.50	7.50	7.20	7.20	7.20	7.20	6.60
WEIGHT	7.26kg	6kg	5kg	5kg	4kg	4kg	3kg

The qualifying period for all events began on January 1 2016

Handtimes will be accepted

Performances under any wind conditions will be accepted

Performances at Bronze, Silver and Gold label meets will be accepted

Performances at Little Athletics meets and school meets will be accepted