



## 2016/17 Queensland State Championship Qualifying Performances

Female	Open	U20	U18	U17	U16	U15	U14
<b>100m</b>	14.00	14.50	14.75	14.75	15.25	15.25	15.75
<b>200m</b>	29.00	30.00	31.00	31.00	32.00	32.00	32.50
<b>400m</b>	1.07.00	1.07.00	1.07.00	1.07.00	1.10.00	1.10.00	1.15.00
<b>800m</b>	2.45.00	2.45.00	2.55.00	2.55.00	3.00.00	3.00.00	3.05.00
<b>1500m</b>	5.20.00	5.30.00	5.40.00	5.40.00	5.50.00	5.50.00	6.00.00
<b>3000m</b>			12.45.00	12.45.00	13.00.00	13.00.00	
<b>5000m</b>	24.00.00	24.00.00					
<b>10000m</b>	49.00.00						
<b>80m Hurdles</b>							18.00
HEIGHT							76.2cm
<b>90m Hurdles</b>					17.50	17.50	
HEIGHT					76.2cm	76.2cm	
<b>100m Hurdles</b>	18.50	18.50	19.24	19.24			
HEIGHT	84cm	84cm	76.2cm	76.2cm			
<b>200m Hurdles</b>					37.50	37.50	
HEIGHT					76.2cm	76.2cm	
<b>400m Hurdles</b>	1.17.00	1.17.00	1.18.00	1.18.00			
HEIGHT	76.2cm	76.2cm	76.2cm	76.2cm			
<b>2k Steeplechase</b>			9.30.00	9.30.00	10.00.00	10.00.00	
HEIGHT			76.2cm	76.2cm	76.2cm	76.2cm	
<b>3k Steeplechase</b>	13.30.00	14.15.00					
HEIGHT	76.2cm	76.2cm					
<b>3k Walk</b>					19.00.00	19.00.00	19.30.00
<b>5k Walk</b>	32.00.00		35.00.00	35.00.00			
<b>10k Walk</b>	1.02.00.00	1.08.00.00					
<b>Long Jump</b>	4.20	4.00	3.80	3.80	3.50	3.50	3.00
<b>High Jump</b>	1.40	1.40	1.30	1.30	1.20	1.20	1.20
Starting Height	1.25	1.25	1.15	1.15	1.10	1.10	1.10
<b>Pole Vault</b>	2.80	2.50	2.30	2.30	2.00	2.00	1.90
Starting Height	2.40	2.10	1.90	1.90	1.60	1.60	1.60
<b>Triple Jump</b>	9.00	9.00	8.50	8.50	7.90	7.90	7.50
<b>Discus Throw</b>	25.00	22.00	21.00	21.00	18.00	18.00	15.00
WEIGHT	1kg	1kg	1kg	1kg	1kg	1kg	1kg
<b>Hammer Throw</b>	27.00	27.00	25.00	25.00	22.00	22.00	20.00
WEIGHT	4kg	4kg	3kg	3kg	3kg	3kg	3kg
<b>Javelin Throw</b>	21.00	21.00	21.00	21.00	17.00	17.00	15.00
WEIGHT	600g	600g	500g	500g	500g	500g	400g
<b>Shot Put</b>	6.50	6.50	6.50	6.50	6.00	6.00	5.75
WEIGHT	4kg	4kg	3kg	3kg	3kg	3kg	3kg

The qualifying period for all events began on January 1 2016

Handtimes will be accepted

Performances under any wind conditions will be accepted

Performances at Bronze, Silver and Gold label meets will be accepted

Performances at Little Athletics meets and school meets will be accepted