



POINT SCORE COMPETITION

A point score competition will be held across the 7-meet series to determine age champions at the conclusion of the series.

Prizes will be awarded to age champions once final points are calculated following Race 7 (Saturday 17th June).

JUNIOR AGE GROUPS

AGE GROUP	DISTANCE	AGES / YEAR BORN
Under 8	1000 M	Born in 2010 or after (Max. age 7 this year)
Under 10	1000 M	Born in 2008 or after (Max. age 9 this year)
Under 12	2000 M	Born in 2006 or after (Max. age 11 this year)
Under 14	3000 M	Born in 2004 or after (Max. age 13 this year)
Under 16	4000 M	Born in 2002 or after (Max. age 15 this year)

NOTE – Age is calculated by year born.

E.g. If a child is turning 12 this year, they will be in the *Under 14* age group.

Points will be allocated to male and female runners in each age group for their allocated distance at each race day in the series:

1 st	30 pts
2 nd	25 pts
3 rd	22 pts
4 th	20 pts
5 th	19 pts
6 th	18 pts

...

21st 3 pts

22nd + 2 pts

(points decreasing by 1 point down to a minimum of 2 points for every runner)

OPEN (ALL AGES)

For runners aged 16 and above (born in 2001 or before) points will be allocated in an “Open” male and female age group.

Only the three longest distances on each race day in the series will attract points in the Open age group within separate Short Distance, Medium Distance and Long Distance points categories.

E.g. If the longest three distances offered on a race day are 8000m (Long Distance), 6000m (Medium Distance) and 5000m (Short Distance), the points will only be allocated to athletes in these races only.

1 st	30 pts
2 nd	25 pts
3 rd	22 pts
4 th	20 pts
5 th	19 pts
6 th	18 pts

... ...
21st 3 pts
22nd + 2 pts

(points decreasing by 1 point down to a minimum of 2 points for every runner)

CLUB POINTS (CROSS COUNTRY CUP)

Once again Queensland Athletics (QA) will be determining the champion club of the Cross Country Season through a club point score competition.

Performances by QA club members at the Brisbane Cross Country Series will contribute towards the 2017 Cross Country Cup point score.

Points will be allocated to QA clubs after each race day based on the performances of each registered member that participated.

After each race day, the points earned by club members will be tallied to determine the club places for the day. Clubs will then receive points for the place they achieved at the event which will be collated into a leader board for the season.

Performances at the various Queensland Cross Country Championships will also contribute to the Cross Country Cup.

- Queensland Short Course Cross Country Championships, 6th May, Kedron
- Queensland Cross Country Relay Championships, 10th June, Yatala
- Queensland 8km Cross Country Championships, 17th June, Richlands
- Queensland Cross Country Championships, 29th July, Maleny

At the conclusion of the season, the club with the highest points on the leader board will be declared the champion club and will be presented with the 2017 Queensland Cross Country Cup.

More information is available at:

<http://www.qldathletics.org.au/cross-country-cup-2017>