



36TH QA ALL SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

- DATE:** Saturday 5 May 2018
- VENUE:** Rivermount College, Rivermount Drive, Yatala
- ENTRY FEE:** \$15.00 per student
or \$10.00 for QA members (online entry only),
or FREE for QA Platinum Members (online entry only).
- ENTRIES CLOSE:** Wednesday 2 May at 9:00 AM
Late entries are accepted on the day with additional \$10 fee

All schools and all school students are invited to participate in the 36th annual Queensland Athletics All Schools Cross Country Championships at Rivermount College, Yatala.

All school students aged 6-19 years, of all abilities, are encouraged to compete. There are no qualifying standards – everyone is welcome. Our aim is to provide a safe and enjoyable, yet challenging, cross country experience for all school students while also providing a pathway for athletes to progress within the sport.

The championships also act as a selection trial for the Queensland Athletics Team (U14-Open) which will compete at the 2018 Australian Cross Country Championships.

Queensland Championship medals are awarded to individuals and school teams in each age group, with trophies for the overall top primary and secondary schools and to the top boys and girls schools.



CONTACT US

Queensland Athletics

Phone: 07 3343 0900

Mail: PO Box 249, SUNNYBANK QLD 4109

E-mail: info@qldathletics.org.au

www.qldathletics.org.au

SUPPORTED BY





TIMETABLE OF EVENTS

36TH QA ALL SCHOOLS CROSS COUNTRY CHAMPIONSHIPS & QUEENSLAND SHORT COURSE CHAMPIONSHIPS

Saturday 5 May 2018 - Rivermount College, Yatala

EVENT	START TIME	DISTANCE	AGE GROUP	YEAR BORN
1	10.10 am	1000 m	6 Years Girls	2012
2	10.20 am	1000 m	7 Years Girls	2011
3	10.30 am	1000 m	6 Years Boys	2012
4	10:40 am	1000m	7 Years Boys	2011
5	10.50 am	1000 m	8 years Girls	2010
6	11.00 am	1000 m	8 years Boys	2010
7	11.10 am	1500 m	9 years Girls	2009
8	11.20 am	1500 m	9 years Boys	2009
9	11.30 am	2000 m	10 years Girls	2008
10	11.40 am	2000 m	10 years Boys	2008
11	11.50 am	3000 m	11 years Girls	2007
12	12.00 pm	3000 m	11 years Boys	2007
13	12.10 pm	3000 m	12 years Girls	2006
14	12.20 pm	3000 m	12 years Boys	2006
15	12.30 pm	2000 m	Multi Class 10 - 12 years	2006 – 2008
16	12.30 pm	3000 m	Multi Class 13 - 15 years	2003 – 2005
17	12.30 pm	3000 m	Multi Class 16 - 19 years	1999 – 2002
18	12.50 pm	3000 m	13 years Girls	2005
19	1.05 pm	3000 m	13 years Boys	2005
20	1.20 pm	6000 m	16 years Boys	2002
21	1.40 pm	6000 m	17 years Boys	2001
22	2.00 pm	8000 m	18 & 19 years Boys	1998/2000
23	2.00 pm	6000 m	18 & 19 years Girls	1999/2000
24*	2.20pm	4000 m	Under 20 Women*	1999/2000
25*	2.20pm	4000 m	Under 20 Men*	1999/2000
26*	2.20pm	4000 m	Open Women*	Open Age
27*	2.20pm	4000 m	Open Men*	Open Age
28	2.35 pm	4000 m	14 years Girls	2004
29	2.50 pm	4000 m	14 years Boys	2004
30	3.05 pm	4000 m	15 years Girls	2003
31	3.20 pm	4000 m	15 years Boys	2003
32	3.35 pm	4000 m	16 years Girls	2002
33	3.45 pm	4000 m	17 years Girls	2001
34*	4.15pm	4000 m	Masters Women**	Age on Day 35+
35*	4.15pm	4000 m	Masters Men**	Age on Day 35+
36*	4.15pm	4000 m	Masters Women**	Age on Day 55+
37*	4.15pm	4000 m	Masters Men**	Age on Day 55+

*** OPEN, UNDER 20 & MASTERS RACES ARE 'QUEENSLAND SHORT COURSE CHAMPIONSHIP' EVENTS.**

Entries for these age groups are taken separately online through the QA website and close on Friday 4th May at 9:00AM. Entry Fees are \$30.00 for the general public, \$20.00 for QA/Qrun Members, or FREE for QA Platinum Members. Late entries are also accepted on the day with an additional \$10 entry fee. All runners are welcome.

** Masters Championships are conducted in 10-year age groups (35-44, 45-54, 55-64, 65+). Masters will be grouped into 35-54 and 55+ age groups for team medals.



COMPETITION DETAILS

36th QA ALL SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

Saturday 5 May 2018 – Rivermount College, Yatala

ENTRIES

Entries may be submitted online through the Queensland Athletics website or via the designated "School Group Entry Form".

Generally, entries will only be accepted if accompanied by the appropriate entry fee, however, schools are encouraged to contact Queensland Athletics if a separate invoice is required or if the school may have difficulty meeting the closing date.

CLOSING DATE & LATE ENTRIES

In order to provide a quick and easy experience for participants on the day of the Championships, entries will close at 9.00am on Wednesday 2 May 2018.

However, if you miss the closing date late entries will be accepted on the day of the Championships up until 60 minutes before the scheduled starting time of each event. Late entries will incur an additional late fee of \$10.00 per student.

If you decide to withdraw from your event prior to the close of entries, any refunds will be at the discretion of Queensland Athletics. However, once entries have closed unfortunately no refunds will be issued unless the Championships are cancelled and not rescheduled.

ENTRY AGE

The minimum age for these championships is 6 years with the maximum age being 19 years. Age is taken as at 31 December 2018.

Entrants are automatically placed into the correct event according to their year of birth (see timetable). If there are special circumstances that require you to compete in an older age group please contact Queensland Athletics.

CHECK-IN & MARSHALLING

On the day of the championships participants will need to **check-in no later than 30 minutes before** the scheduled start time of their event. Upon checking-in, students will receive a competition bib number which must be attached to the front of their shirt with the safety pins provided, timing tag will be attached to the race bib.

After checking in, students are required to **marshal for their race at the tent near the start line 15 minutes before** the start time of their race.

COURSE

Participants are encouraged to familiarise themselves with the respective course for their age group. Maps of the course will be displayed in prominent positions at the competition area. Each course will be marked with various coloured flags/markers. Always follow the directions of the course marshals.

Remember to: - Keep white flags on the right
- Keep red flags on the left.
- Yellow flags and arrows indicate turns.

MEDALS

Gold, silver and bronze medals will be awarded to the first three individual place-getters in each Championship event. There will also be a Team's Championship in each event with medals being awarded to the first three school teams to finish. Medal presentations will take place as soon as possible after the finish of each event.

TROPHIES

Trophies will be awarded to schools at the conclusion of the Championships in the following categories;

- Overall Primary School (6-12 yrs)
- Overall Secondary School (13-19 yrs)
- Top Primary School for Girls and for Boys (6-12 yrs)
- Top Secondary School for Girls and for Boys (13-19)

Places in each category will be determined in a medal tally with points allocated for each medal won - gold 3pts, silver 2pts and bronze 1pt. Team medals will be counted as one medal with double points in the tally. Ties for places in the tally will be split by referring to how many gold medals were won, then silver, then bronze.

SCHOOL TEAMS

Three runners from the same school, in the same event/age group, constitute a team. There is no requirement to pre-nominate the three runners who make up a school team. If there are more than three runners in an event from any one school, then the school's first three runners to finish will constitute the first team and the second three runners from that school to finish shall be deemed to be the second team from that school and so on.

TEAM SCORING

The method of scoring shall be by achieving the least number of points according to the positions in which the first three runners from each school finish. The team having the lowest aggregate shall be declared the winners. If two or more competitors tie for any place, the points for the places concerned shall be aggregated and divided equally among the competitors so tying. In case of a tie on points, the team whose last scoring member finished nearest to first place shall be the winning team.

In calculating team points, only the runners who form part of a school team will be awarded points in accordance with their finishing position (competitors who are not part of a team will not be awarded any points).