



QUEENSLAND ROAD WALKING CHAMPIONSHIPS

Incorporating QMA Short Course Road Walk Championships

Sunday 5 August 2018
Murrarie Recreation Reserve, Murrarie

PROGRAM OF EVENTS

RACE #	START	DISTANCE	AGE GROUP	YEAR BORN
1	9:15am	20km	Open Men Open Women	Open
		10km	Masters Men	35+
			Under 20 Men Under 20 Women	1999 / 2000
			Under 18 Boys	2001 / 2002
2	9:45am	5km	Masters Women	35+
			Under 18 Girls	2001 / 2002
			Under 16 Boys Under 16 Girls	2003 / 2004
3	10:15am	3km	Under 14 Girls Under 14 Boys	2005 / 2006
4	10:45am	2km	Under 12 Girls Under 12 Boys	2007/ 2008
		1km	Under 10 Girls Under 10 Boys	2009- 2012

HOW TO ENTER

Entries are taken online at www.qldathletics.org.au and **close at midnight on Thursday 2nd August.**
Late entries submitted on the day will incur an additional late entry of \$10.00 per athlete.

New Members *	\$ 30.00
QA Platinum Members	FREE
QA Traditional or Dual Members	\$ 20.00
QA Base Members	\$ 20.00

*New Members only need to pay \$30.00 when entering their first event which includes a Base Membership with QA.

STATE CHAMPIONSHIP MEDALS

- ✓ Queensland State Championship medals will be awarded to the first three individual male and female place getters in each age group.
- ✓ Queensland Championship medals will also be awarded to the first three placed QA club teams in each age group.

AGE GROUPS

- ✓ Athletes are permitted to compete in an older age group where appropriate.
- ✓ Age groups are determined by the athlete's age as on 31 December 2018 (i.e. year born). For example, if an athlete will be turning 12 years old during 2018 (born 2006), they are considered to be 12 years old and therefore in the Under 14 age group. Refer to the program above for guidance.
- ✓ All races and results are conducted as separate male or female events, for each age group listed, with concurrent start times.
- ✓ The Open age group is open to all ages, as appropriate, although generally for athletes aged 20 year old and above.
- ✓ The minimum age for these championships is 6 years (born 2012).
- ✓ For Masters events age is calculated as at the day of competition and will be run in 10 year age groups. (35-44, 45-54, 55-64, 65+)
- ✓ **Certificates will be awarded to QMA registered athletes who enter the Masters Events in the 5 year age groups.**

TEAMS

- ✓ Queensland State Championship medals will also be awarded to the first three placed QA club teams in each age group.
- ✓ A team consists of three competitors who are all;
 - the same gender
 - entered into the same age group
 - registered members of the same Queensland Athletics club
- ✓ Athletes are automatically placed in teams according to their QA club and their finishing order. If there are more than three walkers in an age group from a club, then the first three walkers from the club to finish will constitute the first team and the second three walkers from that club to finish shall be deemed to be the second team and so on.
- ✓ Athletes are only eligible for team medals in the age group they specifically entered.
- ✓ Masters Teams will be in the 35-54 and 55+ year age groups.

NATIONAL CHAMPIONSHIPS

The 2018 Australian Road Walking Championships is being held at Lake Kawana on the Sunshine Coast on Sunday 26th August 2018.

Entries are open to all race walkers with no selection or qualifying standards. Entries are taken online directly with Athletics Australia.

For more information please visit the event page on the Athletics Australia website:

<http://athletics.com.au/Compete/Events/2018-australian-winter-walking-championships-1>