



Cathy Freeman Shield

Venue: UQ Athletics Centre, St Lucia

Date: 16/02/2019

Timetable: **Draft as at 08/01/2019**



Track			Field		
04:00PM	110m Hurdles (91.4/99.1/106.7cm)	Male	04:00PM	Javelin A Grade	Male
04:20PM	100m Hurdles (84cm)	Male		Discus B Grade	Female
04:30PM	100m Hurdles (876.2/84cm)	Female		Long Jump B Grade	Male
04:45PM	90m Hurdles	Male			
04:50PM	90m Hurdles	Female			
05:00PM	80m Hurdles	Female	05:30PM	Javelin B Grade	Male
				Discus A Grade	Female
05:20PM	1500m	Male		Long Jump A Grade	Male
05:35PM	1500m	Female			
06:00PM	400m	Male	07:00PM	Javelin A Grade	Female
06:30PM	400m	Female		Discus B Grade	Male
				Long Jump B Grade	Female
07:00PM	100m	Male			
07:30PM	100m	Female			
			08:30PM	Javelin B Grade	Female
08:00PM	200m	Male		Discus A Grade	Male
08:30PM	200m	Female		Long Jump A Grade	Female
09:00PM	3k/5k Walk	Male/Female			

*Timetable is subject to change upon close of entries. Please refer to timetable closer to event date.