

**USC**

ATHLETICS CLUB

**Mini-meet program  
September- October 2019****University of the Sunshine Coast Athletics Club**

A Queensland Athletics affiliated club

<http://uscathleticsclub.asn.au>**Members and non-members welcome, from 8 to 80!****ELECTRONIC TIMING**

- High jump on request (minimum 3 athletes)
- Hammer on request
- Four jumps/throws per athlete
- Event times may vary depending on entry numbers
- Athletes must register 30 mins before event

**ENTRY FEES- (per meet)**

USCAC Members \$6.00  
 Under 12, Pension etc cards, Little Aths \$6.00  
 Non-USCAC members \$10.00  
 Contact: Bryce Phillips 5476 8233  
 Website: [www.uscathletics.asn.au](http://www.uscathletics.asn.au)  
 Facebook: University of the Sunshine Coast Athletics Club

**8<sup>th</sup> September (Sunday)**

2.00pm 60m  
 2.00pm Javelin  
 2.30pm 100m  
 3.00pm 200m  
 2.00pm Shot Put  
 3.30pm Long/Triple Jump  
 3.30pm 800m  
 3.45pm Discus  
 4.00pm 2000m Steeplechase (low-76cm)

**22<sup>nd</sup> September (Sunday)**

2.00pm 60m  
 2.00pm Javelin  
 2.30pm 100m  
 3.00pm 200m  
 3.00pm Shot put  
 3.30pm Long/Triple Jump  
 3.30pm 400m  
 3.45pm Discus  
 4.00pm 1500m

**8<sup>th</sup> October (Tuesday twilight)**

6.00pm Javelin  
 6.00pm 60m  
 6.30pm 100m  
 7.00pm 200m  
 7.15pm Long/Triple Jump  
 7.30pm 400m  
 7.30pm Shot put  
 8.00pm 800m

**22<sup>nd</sup> October (Tuesday twilight)**

6.00pm Shot put  
 6.00pm 60m  
 6.30pm 100m  
 7.00pm 200m  
 7.15pm Long/Triple Jump  
 7.30pm Discus  
 7.30pm 400m  
 8.00pm 1500m