

QLD all time rankings Top 10

MEN

Statistics provided by Paul Jenes, AA Statistician

	Time	Athletes	Wind	Location	Date
100m	10.13	Damien Marsh	0.1	Monte Carlo, Monaco	9/7/95
	10.23	Matt Davies	1.5	Perth	19/2/10
	10.23	Aaron Stubbs	0.8	Canberra	20/2/16
	10.25	Mitchell Williams - Swain	1.6	Melbourne	6/4/13
	10.26/9.9h	Paul Narracott	0.8	Melbourne	6/3/84
	10.26	Paul Di Bella	0.2	Sydney	18/8/00
	10.27	Trae Williams	1.2	Perth	12/3/16
	10.28	Tom Gamble	0.3	Gwangju, Korea	9/7/15
	10.29	Alex Hartmann	1.2	Brisbane	19/3/16
	10.31	Mitchell Watt	1.1	Gold Coast	18/6/11
200m	20.30	Steve Brimacombe	1.8	Brisbane	17/2/96
	20.32	Damien Marsh	-0.2	Linz, Austria	22/8/95
	20.43A	Darryl Wohlsen	2.0	St Petersburg, South Africa	18/3/00
	20.45	Alex Hartmann	-0.5	Canberra	7/2/16
	20.54	Matt Davies	1.0	Perth	19/2/10
	20.61	Tom Gamble	0.9	Canberra	17/2/17
	20.65	Paul Narracott	0.4	Brisbane	7/10/82
	20.66	Paul Di Bella	1.1	Brisbane	25/3/01
	20.67	Nick Boylett	1.5	Sydney	14/4/13
	20.69	Andrew McCabe	1.2	Gold Coast	7/7/12
400m	45.54	Michael Rehardt		Adelaide	23/3/02
	45.61	Ross Wilson		Edinburgh	23/7/70
	45.62	Michael Joubert		St Petersburg, Russia	30/6/95
	45.69	Dylan Grant		Brisbane	9/2/98
	45.91	Alex Beck		Gwangju, Korea	10/7/15
	45.94	Blair Young		Brisbane	8/9/00
	45.94	Craig Burns		Brisbane	28/3/15
	46.06	Anthony Ryan		Sydney	25/1/92
	46.0h	Jim O'Sullivan		Brisbane	10/2/79
	46.19	Anton Booth		Canberra	18/2/01
800m	1.45.38	Simon Doyle		Nice, France	15/9/91
	1.45.74	Mike Hillardt		Melbourne	19/3/83
	1.46.42	Brett Crew		Melbourne	13/10/82
	1.46.49	Heath Fitzpatrick		Brisbane	14/3/96
	1.46.51	Joseph Deng		Kortrijk, BEL	8/7/17
	1.47.0h	Michael Joubert		Seattle	27/5/92
	1.47.07	Simon Still		Sydney	24/2/91
	1.47.18	Matt Favier		Sydney	24/2/85
	1.47.54	Werner Botha		Sydney	12/2/06
	1.47.72	Nick Toohey		Brisbane	11/2/11
1500m	3.31.96	Simon Doyle		Stockholm, Sweden	3/7/91
	3.33.39	Mike Hillardt		Berlin, Germany	23/7/85
	3.36.00	Mitch Kealey		Sydney	27/2/00
	3.37.49	Alistair Stevenson		Melbourne	12/2/04
	3.39.03	Pat Carroll		Canberra	10/1/90
	3.39.86	Stuart Lyall		Sydney	20/2/99
	3.39.87	Nick Toohey		Sydney	19/3/11
	3.39.90	Michael Shelley		Sydney	27/2/04
	3.39.92	Nick Landbeck		Brisbane	15/3/97
	3.40.36	Rorey Hunter		Bloomington	2/5/14
Mile	3.49.91	Simon Doyle		Oslo, Norway	6/7/91
	3.51.82	Mike Hillardt		Koblenz, Germany	28/8/85
	3.57.27	Mitch Kealey		London	25/7/08
	3.57.59	Patrick Tiernan		Cork, Ireland	19/7/17
	3.58.38	Alistair Stevenson		Wanganui, NZ	22/1/00

	3.58.57	Daniel Hill	Brunswick, USA	4/7/98
	3.58.59	Rorey Hunter	St Louis, USA	1/6/17
3000m	7.41.62	Patrick Tiernan	Kingston, Jamaica	10/6/17
	7.44.65	Simon Doyle	Jena, Germany	3/6/94
	7.47.66	Pat Carroll	Sydney	14/1/90
	7.48.55i	Patrick Tiernan	New York	12/2/16
	7.48.8h	Gerard Barrett	Brisbane	29/11/78
	7.52.17	Mike Hillardt	Budapest	20/8/84
	7.59.59	Michael Shelley	Sydney	17/2/07
	7.59.78	Mitch Kealey	Newcastle	6/2/10
5000m	13.13.44	Patrick Tiernan	Eugene, USA	27/5/17
	13.23.37	Gerard Barrett	Christchurch	20/1/79
	13.25.49	Pat Carroll	Melbourne	7/2/91
	13.28.71	Simon Doyle	Melbourne	25/2/92
	13.38.15	Jack Bruce	Torrance, California	13/4/17
	13.38.30	Michael Shelley	Hobart	30/1/09
	13.38.31	Mike Hillardt	Melbourne	2/12/86
	13.43.25	Andrew Letherby	Walnut, USA	20/4/01
10000m	27.29.81	Pat Tiernan	Palo Alto, USA	5/5/17
	27.50.7h	Gerard Barrett	Moscow	21/7/79
	27.59.77	Michael Shelley	Berkeley, USA	25/4/09
	28.09.85	Andrew Letherby	Stanford	25/3/05
	28.30.55	Pat Carroll	Canberra	11/3/88
Half Marathon	1.01.11.0	Pat Carroll	Sydney	22/5/94
	1.01.27.0	Michael Shelley	New York	18/3/12
	1.02.32.0	Gerard Barrett	Auckland	1/11/81
	1.02.33.0	Andrew Letherby	Austin, USA	25/1/04
Marathon	2.09.39.0	Pat Carroll	Beppu-Oita, Japan	5/2/95
	2.11.15.0	Michael Shelley	Glasgow	27/7/14
	2.11.42.0	Andrew Letherby	Berlin	25/9/05
	2.11.43.0	Gerard Barrett	Adelaide	6/4/80
	2.16.21.0	Laurie Adams	Gold Coast	Jul-83
110m Hurdles	13.58	Don Wright	1.5 Brisbane	4/10/82
	13.73	Stuart Anderson	1.8 Brisbane	25/3/01
	13.76	David Cooper	0.1 Brisbane	15/3/97
	13.78A	Rod Zuyderwyk	2.0 Johannesburg	13/7/98
	13.95	Jai Taurima	1.5 Brisbane	14/11/92

	13.98	Jack Conway	1.5	Brisbane	29/3/15
	14.03	John Bustow	2.0	Brisbane	21/2/09
	14.07	Andrew Cameron	0.7	Brisbane	13/4/02
	14.13	Cedric Dubler	-1.7	Brisbane	26/2/17
	14.14	Duncan Harvey	1.5	Sydney	28/2/04
400m Hurdles	49.08A	Blair Young		Pietersburg, South Africa	18/3/00
	49.37	Garry Brown		Brisbane	7/10/82
	49.64	Chris Carroll		Melbourne	25/2/99
	49.82	Ken Gordon		Canberra	14/3/87
	50.40	Rod Zuyderwyk		Hobart	25/2/96
	50.72	Dolph Francis		Athens, Greece	17/7/86
	50.93	Sasha Alexeenko		Perth	1/4/11
	51.56	David Cappellano			24/7/81
	51.91	Andrew Yong		Beijing	17/8/06
	52.14	Steve Shirley		Brisbane	30/3/85
3000m Steeplchase	8.22.85	Peter Nowill		Rehlingen, Germany	31/5/04
	8.43.4h	Garry Briggs		Adelaide	12/3/83
	8.46.51	Michael Inwood		Barcelona, Spain	10/9/89
	8.48.09	Daryl Crook		Sydney	18/2/12
	8.49.02	Shane George		Adelaide	9/2/88
20km Walk	1.19.37.0	Dane Bird-Smith		Rio Di Janeiro	12/8/16
	1.28.23.0	Brad Aiton		Nomi, Japan	16/3/14
	1.28.29.0	Shane Pearson		Melbourne	27/2/97
	1.29.29.0	Nick Dewar		Hobart	2/2/14
50km Walk	4.12.29.0	Shane Pearson		Melbourne	14/12/97
High Jump	2.29	Liam Zamel-Paez		Perth	16/3/13
	2.28	John Atkinson		Melbourne	31/3/84
	2.28	Nik Bojic		Kazan, Russia	9/7/13
	2.26	Josh Hall		Melbourne	5/3/11
	2.24	Dan O'Connell		Brisbane	27/6/04
	2.24	Kane Brigg		Gold Coast	1/6/07
	2.24 (IND)	Brenton Foster		Riverdale (USA)	2/12/17
	2.22	Cal Pearce		Brisbane	28/2/08
	2.21	John Dodds		Bydgoszcz, Poland	22/7/16
	2.20	Joe Ellul		Adelaide	19/12/89
	2.20	Clayton Pugh		Melbourne	14/12/91
Pole Vault	5.45	Luke Vedelago		Perth	22/1/05
	5.40	Alex Miroshnichenko		Sydney	5/2/06
	5.35	Matt Boyd		Brisbane	29/2/08
	5.10	Cedric Dubler		Sydney	31/3/17

	5.05	Aidan Dzuibinski		Brisbane	29/2/08
	5.00	Jason Dudley		Brisbane	9/9/05
	4.9	Howard Artbathnot		Brisbane	15/3/97
	4.85	Matt McEwen		Manchester	28/7/02
	4.8	Kyle McCarthy		Brisbane	30/3/12
Long Jump	8.54	Mitchell Watt	1.7	Stockholm	29/7/11
	8.49	Jai Taurima	0.6	Sydney	28/9/00
	8.33	Chris Noffke	1.2	Perth	18/4/10
	8.27	Henry Frayne	1.4	Sydney	18/2/12
	8.18	Tim Parravincini	1.7	Canberra	5/2/05
	8.12	Robbie Crowther	2.0	Stockholm	29/7/11
	8.01	Darcy Roper	0.5	Cali, Columbia	16/7/15
	7.95	Ross Blackman		Eugene, USA	4/5/74
	7.90	Liam Adcock	1.3	Brisbane	25/2/17
	7.88	Shemaiah James	0.3	Brisbane	25/2/17
Triple Jump	17.23	Henry Frayne	0.6	Melbourne	2/3/12
	16.97	Kane Brigg	1.1	Perth	31/3/11
	16.33	Tetteh Anang	0.0	Sydney	2/4/16
	16.25	Gavin Manoharan	1.1	Brisbane	29/1/05
	16.22	Josh Ferguson	1.5	Sydney	15/2/03
	16.19	Peter Burge	0.2	Seoul, Korea	19/9/92
	16.04	Ivan van Roden	1.8	Brisbane	5/11/88
	15.84	Stacey Taurima	0.4	Melbourne	19/3/99
	15.84	Josh Lumley	0.1	Brisbane	19/3/09
	15.73	Shaun Fletcher	1.5	Canberra	5/2/05
Shot Put	20.96	Justin Anlezark		Brisbane	5/4/03
	19.54	Rhys Jones		Melbourne	12/2/04
	19.01	Chris Caviglio		Brisbane	22/2/08
	18.39	John McNamara		Brisbane	1/2/86
	17.71	Greg Sedgwick		Brisbane	11/1/86
	17.52	Peter Phillips		Brisbane	23/9/73
	17.39	Mike Barry		Melbourne	31/3/74
	17.01	Julian Wruck		Los Angeles	11/5/13
Discus	68.16	Julian Wruck		Claremont, USA	1/6/13
	66.75	Benn Harradine		Wiesbaden, Germany	10/5/15
	65.37	Matt Denny		Salinas, USA	28/5/16
	63.98	Mitch Cooper		Lawrence, USA	14/5/17
	59.10	Justin Anlezark		Brisbane	16/2/07
	58.01	Matt Stopel		Newcastle	20/12/13
	57.72	Gerard Duffy		Brisbane	14/1/95
	56.96	Dick Priman		Brisbane	4/6/78
	56.45	Chris Caviglio		Brisbane	21/7/00
	54.14	Peter Lonsdale		Brisbane	10/2/91
Hammer Throw	73.37	Matthew Denny		Sydney	31/3/17
	71.56	Aaron Fish		Perth	16/3/02
	71.05	Simon Wardhaugh		Gold Coast	18/9/10
	63.55	Robert Johnston		Cairns	19/1/14
	63.54	Matthew Albion		Brisbane	11/2/95
	62.83	Mitchell Cooper		Lawrence, USA	12/5/17
	62.64	Wade Hastie		Brisbane	3/9/00
	62.18	Brad Monk		Adelaide	16/3/86
	61.36	Nathan Wilkins		Brisbane	26/2/16
	60.71	Matt Stopel		Brisbane	27/3/15
Javelin Throw	89.02	Jarrold Bannister		Brisbane	29/2/08
	85.11	Joshua Robinson		Perth	13/5/16
	80.20	Adam Montague		Des Moines, USA	25/4/08
	77.74	William White		Taipei	26/8/01

77.41	Liam O'Brien	Sydney	2/4/17
76.91	Daniel Kratzmann	Brisbane	11/1/02
75.76	Steve Madeo	Perth	24/1/98
75.14	Richard Brockett	Melbourne	25/2/99
74.07	Conor Warren	Brisbane	26/2/17
73.78	Wayne Martell	Sydney	23/2/91

Decathlon

8114	Cedric Dubler	Sydney	1/4/16
8036	Simon Shirley	Seoul, Korea	29/9/88
8001	Jason Dudley	Melbourne	20/3/06
7825	Matt McEwan	Brisbane	24/3/01
7741	Rod Zuyderwyk	Tempe, USA	14/5/91
7598	Les Kuorokoski	Adelaide	30/3/97
7549	Richard Allen	Sydney	3/2/06
7522	Kyle McCarthy	Desenzano, Italy	10/5/09
7438	Ash Moloney	Townsville	23/9/17
7241	Wayne Martell	Brisbane	14/2/88

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WOMEN

100m

11.14	Sally Pearson	1.7	Osaka, Japan	26/8/07
11.19	Kerry Johnson	1.6	Auckland	28/1/90
11.35	Helen Davey	1.4	Quebec City, Canada	11/8/79
11.35	Denise Boyd	0.5	Moscow	25/7/80
11.38	Sharon Cripps	1.7	Darwin	22/6/02
11.40	Melanie Kleeburg	1.6	Fribourg, Switzerland	15/8/04
11.48	Fiona Cullen	1.7	Brisbane	24/2/07
11.49	Jacinta Boyd	1.3	Perth	19/2/10
11.51	Monique Miers	1.1	Brisbane	5/2/94
11.59	Riley Day	0.5	Sydney	23/3/17

200m

22.35	Denise Boyd	1.8	Sydney	23/3/80
22.82	Kerry Johnson	1.7	Chiba, Japan	15/9/88
22.84	Sharon Cripps	1.6	Adelaide	6/2/03
22.97	Sally Pearson	0.8	Canberra	7/2/15
23.26	Riley Day	0.5	Sydney	29/3/17
23.32	Sue Jowett		Auckland	16/3/76
23.33	Michelle Lock	0.0	Sydney	21/3/95
23.36	Cathy Freeman		Brisbane	18/3/90
23.38	Melanie Kleeburg	-0.5	Sydney	5/2/06
23.39	Helen Davey	1.7	Brisbane	5/9/82

400m

50.78	Michelle Lock		Barcelona	3/8/92
51.48	Denise Boyd		Melbourne	19/3/83
52.07	Leanne Evans		Brisbane	4/9/82
52.16	Caitlin Jones		Kazan, Russia	8/7/13
52.68	Caitlin Pincott		Brisbane	1/4/12
52.72	Ella Connolly		Nassau, Bahamas	21/7/17
52.81	Kathy Sambell		Sydney	18/2/89

800m

2.00.50	Heather Barralet		Adelaide	14/3/84
2.01.26	Brittany McGowan		Brisbane	29/3/14
2.02.05	Sandra Dawson		Melbourne	29/2/96
2.02.56	Seleena Roberts		Brisbane	15/3/97
2.02.80	Jodie Hebbard		Canberra	27/1/92
2.03.89	Sally Lee		Canberra	27/1/92
2.04.35	Caitlin Pincott		Brisbane	14/1/12

1500m

4.07.05	Benita Willis		Melbourne	2/3/00
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	4.09.80	Mellisa Rollinson	Hobart	9/3/02
	4.09.99	Jodie Hebbard	Brisbane	8/2/92
	4.10.20	Gen LaCaze	Newcastle	30/1/16
	4.12.13	Sandra Dawson	Brisbane	21/3/98
	4.12.14	Brittany McGowan	Gotenberg, Sweden	10/6/17
	4.13.22	Angela Raines-White	Melbourne	20/11/94
	4.14.46	Sacha Stephens	Brisbane	1/2/92
	4.18.12	Daphne Grehan	Perth	22/3/79
	4.18.60	Katelyn Simpson	Sydney	9/3/13
Mile	4.31.88	Melisa Rollinson	Melbourne	18/2/06
	4.32.19	Gen LaCaze	Dublin, Ireland	25/7/12
	4.37.12	Brittany McGowan	Dublin, Ireland	25/7/15
	4.42.44i	Jackie Areson	Lansing, USA	17/1/14
3000m	8.38.06	Benita Willis	Gateshead, Great Britain	13/7/03
	8.50.34	Jenny Lund	Stockholm	3/7/91
	8.54.86	Melissa Rollinson	Melbourne	9/3/06
	9.04.13	Rina Bradshaw	Melbourne	1/4/90
	9.08.02	Jackie Areson	London	26/7/13
	9.08.1h	Angela Raines-White	Brisbane	16/6/94
5000m	14.47.60	Benita Willis	Berlin	7/9/02
	15.12.09	Jackie Areson	Paris	6/7/13
	15.40.92	Jenny Lund	Rhims, Germany	3/7/92
	15.54.19	Angela Raines-White	Melbourne	23/2/95
	15.55.19	Melissa Rollinson	Melbourne	12/2/04
	15.59.27	Tenille Morrissey	Sydney	7/3/96
	16.11.15	Cassie Fien	Brisbane	11/2/16
	16.11.42	Katie Swords	Eugene, USA	1/6/96
	16.16.49	Lucy Kennedy	Walnut, USA	15/4/11
	16.19.43	Jackie Fairweather	Melbourne	12/4/04
10000m	30.37.68	Benita Willis	Paris	23/8/03
	31.56.35	Jenny Lund	Melbourne	10/12/91
	32.56.63	Katie Swords	Eugene	29/5/96
	33.14.16	Jackie Gallagher	Melbourne	17/12/92
	33.22.97	Angela Raines-White	Melbourne	15/12/94
	33.27.20	Carole Connolly	Melbourne	8/12/89
Half Marathon	1.07.55.0	Benita Willis	Newcastle, Great Britain	26/9/04
	1.12.39.0	Nickey Carroll	Noosa	27/8/00
	1.13.30.0	Jenny Lund	Gold Coast	22/7/90
	1.14.38.0	Jackie Fairweather	Gold Coast	12/7/92
	1.14.56.0	Clare Geraghty	Gold Coast	2/7/06
	1.14.59.0	Jody Little	Brisbane	7/6/09
	1.15.03.0	Kerry Jukes	Gold Coast	24/7/88
	1.15.13.0	Samantha Hughes	Noosa	26/8/01
	1.15.20.0	Julie Rose	Brisbane	29/5/95
	1.16.24.0	Helen Stanton	Noosa	20/8/06
Marathon	2.22.36.0	Bentia Willis	Chicago	22/10/06
	2.25.51.0	Nickey Carroll	London	18/4/99

	2.32.40.0	Jackie Fairweather		Nagoya, Japan	14/3/04
	2.33.17.0	Cassie Fien		Saitama, Japan	13/11/16
	2.34.35.0	Melanie Panayiotou		Rotterdam, Netherlands	12/4/15
	2.34.52.0	Krishna Wood		Manchester	28/7/02
	2.37.12.0	Jillian Colwell		London	17/4/83
	2.39.44.0	Samantha Hughes		Sakai, Japan	18/2/01
	2.39.46.0	Rina Hill		Sydney	12/9/04
	2.41.17.0	Roxie Fraser		Gold Coast	3/7/11
100m Hurdles	12.28	Sally Pearson	1.1	Deagu, Korea	3/9/11
	13.02 HEP	Glynis Nunn-Cearns	-1.5	Los Angeles	3/8/84
	13.08	Fiona Cullen	1.4	Hiroshima, Japan	29/4/07
	13.36	Liz Clay	1.3	Canberra	18/2/17
	13.42	Jenny Laurendet		Sydney	6/1/90
	13.54 HEP	Sharon Jaklofsky	1.4	Auckland	27/1/90
	13.65 HEP	Clare Thompson	0.9	Darwin	7/7/00
	13.69	Virginia Trad	1.1	Sydney	14/4/13
	13.83	Diane Gardner	-1.3	Adelaide	15/3/86
	13.83	Rosie Lawson	1.8	Moncton, Canada	20/7/10
400m Hurdles	56.31	Jenny Laurendet		Sydney	3/12/89
	56.75	Adrienne McIvor		Sydney	25/2/00
	57.23	Glynis Nunn-Cearns		Melbourne	20/3/83
	57.35	Leisa Proctor		Adelaide	7/3/92
3000m Steeplechase	9.24.29	Melissa Rollinson		Melbourne	22/3/06
	10.17.05	Lucy Young		Princeton, USA	16/5/14
	10.21.38	Jessica Gilfillan		Gold Coast	25/9/09
	10.29.40	Courtney Gilfillan		Melbourne	16/4/11
	10.42.30	Brielle Erbacher		Sydney	28/3/17
	10.46.25	Cara Feain-Ryan		Brisbane	13/2/16
	10.53.49	Olivia Lucas		Brisbane	28/3/13
	10.56.58	Niki Egyed		Ballarat	5/10/00
20km Walk	1.36.16.0	Jenny Billington		Hawkesbury	10/7/93
	1.37.34.0	Teresa Letherby		Adelaide	3/9/95
	1.41.05.0	Jessica Pickles		Adelaide	21/2/16
High Jump	1.95	Gai Kapernick		Melbourne	7/2/91
	1.92	Hannah Joye		Sydney	15/3/15
	1.91	Deann Bopf		Brisbane	4/1/90
	1.90	Catherine Drummond		Gold Coast	22/12/07
	1.88	Cassie Purdon		Brisbane	29/3/15
	1.86	Leah Cranston		Brisbane	16/2/86
	1.86	Carmen Hunter		Melbourne	14/3/98
	1.85	Vicki Collins		Sydney	12/1/08
	1.85	Ash Reid		Sydney	18/2/12
	1.84	Joanne Gracey		Sydney	30/1/94
Pole Vault	4.81	Alana Boyd		Sippy Downs	2/7/16
	4.20	Katrina Miroshnichenko		Canberra	26/1/06

	4.20	Charmaine Lucock		Brisbane	20/1/07
	4.15	Lisa Campbell		Brisbane	25/11/17
	4.10	Amy Beckman		Gold Coast	14/1/06
	3.80	Jeanie Paton		Brisbane	20/1/07
	3.70	Debbie Hunt		Canberra	11/12/98
	3.70	Chantelle McGoldrick		Brisbane	15/3/13
	3.60	Kelly Wright		Gold Coast	23/11/02
	3.55	Sarsha McGowan		Brisbane	23/3/01
Long Jump	7.00m	Bronwyn Thompson	1.8	Melbourne	7/3/02
	6.70	Chelsea Jaensch	-0.1	Canberra	20/2/16
	6.68	Naa Anang	1.9	La Chaux -de-fonds, SUI	2/7/17
	6.66 HEP	Glynis Nunn-Cearns	-0.8	Los Angeles	4/8/84
	6.64	Jacinta Boyd	1.0	Canberra	3/1/06
	6.58	Erica Hooker	0.7	Edmonton, Canada	11/8/78
	6.47i	Sharon Jaklofsky		Baton Rouge	2/3/95
	6.39	Linda Leverton	0.3	Adelaide	16/2/13
	6.36	Sandra Priestly	2.0	Canberra	6/3/86
	6.33	Kim Thorley		Perth	15/12/79
Triple Jump	13.93	Linda Leverton	0.7	Melbourne	5/4/14
	13.32	Valeria Zavyalova	1.0	Sydney	2/4/16
	13.26	Aliyah Johnson	1.3	Eugene, USA	24/7/14
	13.13	Sarah Sydney	1.1	Sydney	11/12/99
	12.93	Ainsley Ackerman	-2.1	Gold Coast	14/3/08
	12.81	Amy Walker	-1.2	Melbourne	30/9/98
	12.81	Tracy Barnett	0.4	Gold Coast	14/3/08
	12.71	Melissa Moss	0.8	Sydney	26/2/00
	12.61	Demi Maher Smith	0.3	Sydney	14/3/10
	12.59	Tara Whitehead	1.1	Canberra	5/12/08
Shot Put	16.61	Lisa Marie-Vizanari		Victoria, Canada	24/8/94
	16.30	Daniela Costian		Brisbane	6/3/93
	16.22	Helen Toussis		Brisbane	18/7/98
	15.33	Lisa Patterson		Melbourne	20/2/97
	14.73	Sue Howland		Melbourne	22/11/80
	14.22	Sarah Wood		Brisbane	30/5/14
	14.12	Alison Lever		Brisbane	18/2/02
Discus	68.72	Daniela Costian		Auckland	22/1/94
	63.73	Alison Lever		Sydney	26/2/00
	60.27	Taryn Gollshewsky		Perth	28/9/16
	59.91	Monique Nacsa		Gold Coast	17/1/03
	59.11	Debbie Pickersgill		Brisbane	28/3/03
	54.28	Kirsty Williams		Brisbane	19/11/16
	53.92	Filoi Aokuso		Eugene, USA	25/7/14
	52.71	Deborah Lovely		Brisbane	3/9/00
	52.46	Keshia McGrath-Volau		Sydney	15/3/12
	51.88	Kylie Jones		Brisbane	23/10/93
Hammer Throw	66.90	Lara Nielsen		Sydney	26/2/17
	59.13	Kaysanne Hockey		Brisbane	27/3/15
	58.58	Sharyn Angel		Brisbane	11/3/07
	56.75	Deborah Lovely		Brisbane	11/3/07
	54.15	Caitlyn Hester		Sydney	1/4/17
	53.41	Briony Rheuben		Brisbane	22/1/00
	51.98	Kathy Newman		Brisbane	12/2/93
	51.91	Jacinta Faint		Brisbane	8/3/14
	51.81	Kelly-Anne Humphries		Brisbane	26/3/11
	50.80	Michelle Schlechter		Gold Coast	13/8/04
Javelin Throw	64.62	Joanna Stone		Gold Coast	5/8/00
	52.77	Tianah List		Canberra	12/3/17

51.71	Sonia Weatherley	Melbourne	14/4/12
51.38	Wasia Toolis	Barcelona	10/7/12
50.85	Stephanie Hancock	Brisbane	9/11/01
49.90	Carly Cairns	Sydney	12/12/99

Heptathlon

6387	Glynis Nunn-Cearns	Los Angeles	4/8/84
6118w	Sharon Jaklofsky	Sydney	3/12/89
5958	Clare Thompson	Darwin	8/7/00
5895w	Kylie Coombe	Sydney	3/12/89
5793	Tori West	Brisbane	7/1/18
5611	Casidhe Simmons	Brisbane	7/1/18
5539w	Katie Ackermann	Melbourne	27/3/90
5421	Leisa Proctor	Adelaide	10/3/92
5370	Sarah Wood	Brisbane	12/1/14
5355	Theresa Martin	Brisbane	9/3/93