

MULTI CLASS QUALIFYING STANDARDS

| CLASS | GIRLS 3000M | | | BOYS 3000M | | |
|------------------|-------------|-------------|-------------|-------------|-------------|-------------|
| | 12-13 YEARS | 14-15 YEARS | 16-19 YEARS | 12-13 YEARS | 14-15 YEARS | 16-19 YEARS |
| T01 | 17:58.8 | 17:27.0 | 16:55.3 | 18:00.3 | 17:31.1 | 17:01.9 |
| T11 | 24:38.7 | 23:55.2 | 23:11.7 | 21:27.7 | 20:52.9 | 20:18.1 |
| T12 | 21:09.9 | 20:32.5 | 19:55.2 | 16:47.0 | 16:19.8 | 15:52.6 |
| T13 | 19:02.1 | 18:28.5 | 17:54.9 | 17:03.1 | 16:35.4 | 16:07.8 |
| T20 | 18:25.8 | 17:53.3 | 17:20.8 | 16:35.3 | 16:08.4 | 15:41.5 |
| T35 - 36 | 24:48.7 | 24:04.9 | 23:21.1 | 21:50.8 | 21:15.4 | 20:39.9 |
| T37 | 22:20.2 | 21:40.8 | 21:01.4 | 17:47.3 | 17:18.4 | 16:49.6 |
| T38 | 21:49.1 | 21:10.6 | 20:32.1 | 17:12.2 | 16:44.3 | 16:16.4 |
| T44 | 25:18.5 | 24:33.8 | 23:49.2 | 25:39.3 | 24:57.7 | 24:16.1 |
| T45 - 46 | 21:11.2 | 20:33.8 | 19:56.4 | 15:50.8 | 15:25.1 | 14:59.4 |
| T40 - T41 | 39:40.0 | 38:30.0 | 37:20.0 | 40:29.8 | 39:24.2 | 38:18.5 |